



## CHIJ Our Lady of the Nativity

1257 Upper Serangoon Road Singapore 534793

• Tel: 6385 2455 • Fax: 6385 2012 • Email: [chijoln@moe.edu.sg](mailto:chijoln@moe.edu.sg)

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Ref: 2018OLN\_0230

Dear Parents/ Guardian

### PROGRAMME FOR ACTIVE LEARNING (PAL) - OUTDOOR EDUCATION (OE)

1. Being a participant in the Programme for Active Learning (PAL), your child/ward will be taking part in the Outdoor Education (OE) lessons in school and at Punggol Park. Through these Outdoor Education lessons, your child/ward will be able to:
  - show an increased awareness and appreciation for nature and the environment around her,
  - acquire relevant outdoor skills that can be applied to her everyday life,
  - build more self-confidence and resilience, and
  - work and relate well with others.
2. Please help your child/ward prepare for the outdoor lessons by ensuring that she brings/ applies the following essentials on days when she is taking part in the PAL OE component at Punggol Park:
  - A poncho/umbrella
  - Writing materials (include coloured pencils)
  - Clipboard
  - Water bottle
  - Small snack
  - Small backpack (to contain all the things)
3. You may also want to ensure that your child brings /applies the following too:
  - Sunblock lotion
  - Insect repellent
  - A cap
4. Thank you for your support and together we shall work towards developing your child/ward into a confident and resilient person.

Yours faithfully,

Ms Christina Teo  
Principal

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#### Reply Slip

#### PROGRAMME FOR ACTIVE LEARNING (PAL) - OUTDOOR EDUCATION (OE)

<b>Name of pupil:</b>		<b>Class:</b>	
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**I have noted the contents of the letter.**

Name & Signature of Parent / Guardian: \_\_\_\_\_

Contact Number: \_\_\_\_\_

Date: \_\_\_\_\_