

CHIJ Our Lady of the Nativity

1257 Upper Serangoon Road Singapore 534793
Tel: 6385 2455 ● Fax: 6385 2012 ● Email: chijoln@moe.edu.sg

10 January 2022 Ref: 2022OLN0020(1)

Dear Parents / Guardian

Positive Parenting Program (Triple P) for Primary 1 & 2 Parents

Methodist Welfare Services Family Support Programme (MWS FSP) has been appointed by Ministry of Social and Family Development (MSF) to partner CHIJ Our Lady of Nativity, to conduct Positive Parenting Programme (Triple P). We are pleased to invite you to attend the Triple P Level 2 webinars via Zoom. More details on the webinars series can be found in the attached inforgrapic and you can register for them at https://forms.office.com/r/LjQqJvyYFa.

These online webinars series are free of charge as they are fully subsidised by MSF.

Triple P is one of the world's most effective parenting programmes that equips parents with positive parenting skills. Not only has this programme been proven to improve children's behaviours, it has also significantly improved parenting confidence and satisfaction. Triple P has also helped parents build stronger relationships with their children. This programme was developed by clinical psychologist Prof Matt Sanders at the University of Queensland, with more than 40 years of ongoing research.

As an added incentive, this run is *specially catered for parents of Primary 1 & 2 students.* This is to enable our speakers to also address transition issues, which most parents commonly face. Parents are also provided the opportunity to discuss on other development concerns of your children for this particular age group during the Q & A segment.

Registration will be on *first come first served basis*. Your **full attendance for the three webinars will be required** when you register. Once your registration is confirmed, MWS FSP will send you an acknowledgment email. More information, including the Zoom link and worksheets will also be shared with you via the email address, which you will be required to provide in the registration form. If you wish to cancel your registration, you may drop us an email at mwsfspnorth@mws.sg. Upon completion of all three webinars, a set of complimentary tip sheets will be send to you via your child's school. In the event that the webinar reaches full capacity, MWS FSP will contact you again for the next run of webinars. We look forward to your participation in our webinars!

If you have any queries, please contact Mdm Hanizah via <u>Hanizah abu samah@moe.edu.sg</u>. You could also leave her a message at 6385 2455.

Thank you & God bless

Ms Christina Teo Principal

This is a computer-generated letter. No signature is required.