



## CHIJ Our Lady of the Nativity

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Ref: 2024OLN\_0460

Dear Parents / Guardian

### **POST-PSLE PROGRAMME FOR PRIMARY 6 STUDENTS**

1. We would like to share with you the 2024 post-PSLE programme. This programme, which emphasizes the importance of learning beyond the examinations, is in line with CHIJ schools' belief in holistic education and lifelong learning.
2. The objectives of this programme are:
  - a. to provide platforms for students to continue to learn how to work together to lead and serve the school and community
  - b. to reinforce our girls' understanding of the school values and the IJ outcomes
  - c. to further strengthen our girls' social emotional competencies to cope with the challenges they will encounter as they transit from Primary 6 to Secondary 1.
3. The programme has been carefully curated and will do much to help your girl transit confidently to the secondary school. Please see the attached schedule for more information. Do also note that:
  - a. Activities will be held in and outside school.
  - b. Should your daughter/ward choose not to participate in any of the activities, an alternative activity will be arranged for her in the library.
4. Attendance in school for all days is compulsory as stated in the school rules (Student Organiser, page 22). Pupils who are absent must inform the school and present medical certificates or letters from parents/guardians when they return to school. Should your child be absent from any of the activities, please note that there will be no make-up session arranged.
5. We strongly encourage all our girls to participate in all the activities. Should you have any queries, please contact your child's/ward's Form Teacher. Alternatively, you could leave either of them a message with the General Office (tel: 6385-2455)
6. Please acknowledge this letter via Parents Gateway **by Friday, 4 October 2024**. Should you have any queries, please contact your child's/ward's Form Teacher.

Thank you & God bless

Ms Christina Teo  
Principal

*This is a computer-generated letter. No signature is required.*

### Post-Exam Programme for Primary 6 Students

No.	Activities	Details	Date
1	Values-in-Action: Fund raising for IJ Homes and Children's Centres	This activity aims to inculcate compassion and empathy for the disadvantaged in the community. The girls will plan and organize a class booth to raise funds through a bazaar for the IJ Homes and Children's Centres.	9 Oct to 30 Oct and 4 Nov
2	GRACIA Challenge Camp	Details are provided in the PG letter 2024OLN_0456.	17 Oct 6F, 6G, 6J & 6L  18 Oct 6H, 6P & 6T
3	P6 Mission Retreat	Through this retreat that will be held in school premise, our girls will reflect on the values of our Founder/IJ sisters who lived out those values and how they can live out the school GRACIA values in their lives and make a positive difference as an CHIJ OLN girl. Participation in this retreat will better prepare our girls to embrace challenges.	17 Oct 6H, 6P & 6T  18 Oct 6F, 6G, 6H and 6J
4	Values-in-Action: Project CARE	This project reinforces the values of compassion and empathy for others, while strengthening pupils' ability to plan, research, and work in teams. Our P6 girls will be engaged in a community project, requiring them <ul style="list-style-type: none"> <li>to identify the needs of the community</li> <li>to organise a food drive in school</li> <li>to collect and pack dried food items</li> <li>to donate the items to identified homes.</li> </ul> In addition, they will work with their P1 sisters to design a craft work as a welcome gift for the incoming P1 sisters for Y2025.	7 Oct – 9 Oct
5	Music Programme	The programme builds on what our girls have learnt in their music lessons, and enhances learning in these two areas: <ul style="list-style-type: none"> <li>Vocal techniques (Breathing, Voice, Pitch, Rhythm and Diction)</li> <li>Playing instruments to accompany singing</li> </ul> Our girls will put up a performance to showcase their talents for the P6 Farewell Ceremony.	10 Oct – 9 Nov All P6 classes
7	Social Etiquette Programme	This programme helps our girls be more aware of: <ul style="list-style-type: none"> <li>communicating and interacting within a social setting</li> <li>personal grooming e.g. posture, personal hygiene and appropriate dressing</li> <li>dining etiquette and handling of crockery and cutlery at formal gatherings</li> </ul>	<b>Theory Sessions:</b> 24 Oct 6F – 6J  25 Oct 6L – 6T

No.	Activities	Details	Date
		<p>The girls will undergo a theory session in school, followed by a dining experience at the <b>Serangoon Country Club</b> to allow them to put into practice what they have learned.</p> <p><u>To note:</u></p> <ul style="list-style-type: none"> <li>• Halal meals will be served.</li> <li>• Vegetarian meals will be made available on request.</li> <li>• Pupils will report to school by 7.30 a.m. in their full school uniform and school shoes as usual/</li> <li>• Students must bring along a dress or blouse/top with skirt/pants and shoes appropriate for formal dining.</li> <li>• They will be given time to change before leaving for the dining experience by 9.30 a.m.</li> <li>• Students will return to school by 1.15 pm.</li> <li>• Please inform your daughter's Form Teacher if you do not give consent for your daughter to attend the dining experience.</li> </ul>	<p><b>Dining Experience:</b> 28 Oct All P6 classes</p>
8	Education and Career Programme: Learning about Multiple Pathways for Secondary Education and Choosing Secondary Schools	<p>Students will engage in self-discovery to use the information and tools to explore various education and career pathways. The objective is to help students to make informed education choices. They will explore their educational and career interests via MySkillsFuture portal. In addition, there will be a talk on choosing secondary schools, followed by a sharing segment on secondary school experiences by our ex-IJ OLN graduates with our P6 students.</p> <p><b>Education and Career Guidance (ECG) Fair @ Punggol Primary School</b></p> <p>In collaboration with Punggol Primary School, our school will be organizing a learning journey to Punggol Primary School for a ECG fair. There will be booths set up by various secondary schools in the Northeast area for students to learn more about the secondary schools' programmes. Through this learning journey, we aim to strengthen our girls' understanding of secondary education journey which guides them make discerning choices when choosing secondary schools.</p> <p><u>To note:</u></p> <ul style="list-style-type: none"> <li>• Students will report to school by 7.30 a.m. as usual.</li> <li>• Students are to be in school uniform and to bring along a water bottle and snacks.</li> <li>• Departure time will be about 9 am and students will return to school by 12 pm.</li> </ul>	<p>23 Oct – 3 Nov All P6 classes</p> <p>29 October</p>

No.	Activities	Details	Date
		<ul style="list-style-type: none"> <li>Please inform your daughter's Form Teacher if you do not give consent for your daughter to attend the ECG Fair @ Punggol Primary School.</li> </ul>	
9	Managing Change and Transition Workshop by Health Promotion Board	<p>This program aims to equip our students with skills including how to cope, manage stress and social challenges, and achieve self-confidence as they go through Primary school to Secondary school transition. A variety of interactive activities to help our girls to recognise that change is not always fearful and it can be fun and exciting, how they can manage stress and emotions positively in their new environment through healthy habits which are useful in helping one cope with transitions.</p>	30 Oct All classes
10	Pri-Sec Transition Programme @ CHIJ St Joseph's Convent	<p>The programme prepares our girls for the next phase of their educational journey and helps them make informed choices when selecting their secondary schools.</p> <p><b><u>Components of the school visit</u></b></p> <ul style="list-style-type: none"> <li>Learning experiences in secondary subjects such as food and nutrition, literature, drama, Math and Science activity.</li> <li>A sharing by seniors on managing change and transition into the secondary school.</li> </ul> <p><b><u>To note</u></b></p> <ul style="list-style-type: none"> <li>Students are to be in school uniform and to bring along a water bottle and snacks.</li> <li>Students will leave school by 10 am and return to school by 1.15 pm.</li> <li>Please inform your daughter's Form Teacher if you do not give consent for your daughter to attend the dining experience.</li> </ul>	1 Nov All P6 classes
11	Rehearsals and preparation for the P6 Farewell Ceremony.		6 - 11 Nov
12	P6 Farewell Ceremony: P6 girls bid farewell to their IJ OLN juniors and teachers.		12 Nov (School hours are as usual)