



CHIJ Our Lady of the Nativity

1257 Upper Serangoon Road Singapore 534793

• Tel: 6385 2455 • Fax: 6385 2012 • Email: chijoln@moe.edu.sg

8 January 2019

Ref : 2019OLN_0001

Dear Parents/ Guardian

PROGRAMME FOR ACTIVE LEARNING (PAL) - OUTDOOR EDUCATION (OE)

1. As part of the Programme for Active Learning (PAL), your child/ward will be undergoing the Outdoor Education (OE) lessons in school and at Punggol Park.
2. Through these Outdoor Education lessons, your child/ward will be able to:
 - show an increased awareness and appreciation for nature and the environment around her,
 - acquire relevant outdoor skills that can be applied to her everyday life,
 - build more self-confidence and resilience, and
 - work and relate well with others.
3. Please help your child/ward prepare for the outdoor lessons by ensuring that she brings/ applies the following essentials on days when your child/ward is having PAL OE at Punggol Park:
 - A poncho/umbrella
 - Writing materials (include coloured pencils)
 - Clipboard
 - Water bottle
 - Small snack
 - Small backpack (to contain all the things)
4. You may also want to ensure that your child brings /applies the following too:
 - Sunblock lotion
 - Insect repellent
 - A cap
5. Thank you for your support and together we shall work towards developing your child/ward into a confident and resilient person.

Yours faithfully,

Ms Christina Teo
Principal

----- Reply Slip -----

PROGRAMME FOR ACTIVE LEARNING (PAL) - OUTDOOR EDUCATION (OE)

Name of Pupil: _____ () Class: _____

I have noted the contents of the letter.

Name & Signature of Parent / Guardian: _____

Contact Number: _____

Date: _____