



## CHIJ Our Lady of the Nativity

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Ref: 2017OLN\_0422

Dear Parent / Guardian

### **P5 G.R.A.C.I.A Adventure Camp 2017**

1. As part of the school's Learning for Life Programme (LLP) to develop resilient and active pupils, our P5 girls will be attending the GRACIA Adventure Camp which continues their outdoor education journey from last year's P4 camp. Together as a class, they will work to overcome challenges specially tailored to suit their' abilities.
2. This camp builds on the values taught over these five years, further strengthening in our girls their ability to act according to the IJ Mission. It aims to reinforce and provide opportunities for pupils to
  - work in teams and support one another
  - show care for the environment
  - hone their leadership skills
  - build resilience and ruggedness
  - challenge themselves and develop a can-do attitude.
3. The details of the camp are as follows:

#### **Venue**

MOE Changi Coast Outdoor Learning Adventure Centre  
9 Changi Coast Walk  
Singapore 499741

#### **Departure and Arrival**

Camp begins: Monday 18 September 2017  
Reporting time (school): 0740hrs  
Camp ends: Wednesday 20 September 2017  
Estimated time of arrival (school): 1300hrs

#### **Contacting your child/ward**

Please call the office during office hours at 6385-2455 and after office hours at 9060-5967 should you need to get in touch with your child urgently.

#### **Key Programmes**

High Challenge Course, Caving, Abseiling, Zip-line and Dragon Boat Experience

*Do note that all activities are conducted on a basis of 'Challenge by choice'.*

4. There will be a pre-camp briefing for the pupils one week prior to the commencement of the camp. The packing list and programme outline will be distributed to all P5 pupils during the briefing.
5. Please complete the attached consent form and ask your child/ward to return it to her Form Teacher by Monday 21 August 2017. If you have queries on the programme, please contact your daughter's/ward's Form Teacher at 6385-2455.

Yours faithfully

Ms Christina Teo  
Principal

**REPLY SLIP**  
**P5 G.R.A.C.I.A Adventure Camp 2017**

<b>Name (index) of pupil:</b>	(       )	<b>Class:</b>	<b>5 -</b>
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**Part I: Parent/ Guardian's Consent**

1. I **consent / do not consent** to my child's/ward's participation in the P5 CAMP.  
*Do send a letter stating the reasons for non-participation to the Form Teacher if your daughter is not attending the camp.*

**Part II: Indication of T-shirt size.**

2. Pupils will receive a T-shirt as part of the camp package. Kindly indicate the size preferred by circling the desired T-shirt size.

Roundneck	3XS	XXS	XS	S	M
	32"	34"	36"	38"	40"
<i>Body Length</i>	22	24	25	26	27
<i>Shoulder Width</i>	14.5	15	16	17	18
<i>Sleeve Length</i>	6	7	7.5	8	8.5
<i>1/2Chest Width</i>	16	17	18	19	20

<b>T-shirt size:</b>	<b>32 / 34 / 36 / 38 / 40</b>
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**Part III: Update on Medical Declaration and Dietary Restrictions**

3. Does your child/ward have any **new** allergies, physical restrictions, dietary restrictions or medical problems that were not earlier declared, e.g. at the beginning of the school year?    Yes / No\*

If yes, please give details:

- Dietary Restrictions: \_\_\_\_\_
- Allergies (Food, drugs etc): \_\_\_\_\_
- Medical Problems: \_\_\_\_\_

**Part IV: Contact details in case of an emergency**

4. In the event of an emergency, please contact the person below:

Name:		
Relationship to Pupil:		
H/P:	Home Tel:	Office Tel:

\_\_\_\_\_  
Name and signature of Parent/Guardian

\_\_\_\_\_  
Contact Number

\_\_\_\_\_  
Date