



# CHIJ Our Lady of the Nativity

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19 September 2018

Ref: 2018OLN\_0316

Dear Parents,

## PARENTING TALK FOR P6 PARENTS “Transitioning from Primary to Secondary School”

- As parents of a child moving on to her secondary school education, you would have noticed that your child is changing physically, socially and emotionally. She may now be more concerned about her looks, more sensitive to comments and feedback, and desires greater independence. You may even feel that she is now more argumentative, has mood swings and would rather spend time alone or with her friends, than with you. Such changes may worry you and you might be considering how best to parent your teenager.
- To provide more information on this stage of your child's life, the school is organising the above talk by Dr Agnes Tan, a speaker engaged by Ministry of Social and Family Development (MSF) for the FamilyMatters@School programme. A brief write-up on Dr Agnes Tan is given overleaf.
- The details of the talk are as follows:
 

Date : 27 October 2018, Saturday  
 Time : 9.30 a.m. – 11.30 a.m.  
 Venue : CHIJ Our Lady of the Nativity  
 Cost : \$0; the cost of the talk is borne by MSF  
 A short break and light refreshments will be provided.
- Should you like to attend the talk, please complete the Reply Slip below and ask your daughter to submit it to her Form Teacher by **24 September 2018**. A message will be sent to your mobile phone by Mdm Wanna, the school's FamilyMatters@School Coordinator, upon receipt of your registration for the talk. If you have any queries, please contact Mdm Wanna at 9056 3999 or via her email at [WannaFamilyMatters@gmail.com](mailto:WannaFamilyMatters@gmail.com).
- You are strongly encouraged to attend the talk. We believe you will find it enlightening and helpful.

Thank you & God bless.

Ms Christina Teo  
Principal

### REPLY SLIP

#### PARENTING TALK FOR P6 PARENTS

#### “Transitioning from Primary to Secondary School”



<b>Name of pupil:</b>		<b>Class:</b>	
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Yes, I am / we are attending the talk.                       No, we are unable to attend the talk.

1. Name of Participant (Father) \_\_\_\_\_ Contact no: \_\_\_\_\_

2. Name of Participant (Mother) \_\_\_\_\_ Contact no: \_\_\_\_\_

Email Address (of one of the participants): \_\_\_\_\_

**About the Speaker: Dr Agnes Tan (Agnes Ng Hwi Meow)**

Dr Agnes Tan is currently a medical doctor with the National University Hospital, Singapore. She is also a Counsellor, a Family Life Educator and a certified Triple P Practitioner with the Ministry of Social and Family Development. In addition, Dr Tan has taught the Bachelor of Social Science and Diploma in Counselling Skills for Edith Cowan University, and is a trainer for Counselling and for WSQ (Workforce Skills Qualification) courses.

She has conducted family life talks for many years in schools and organizations. She has been interviewed on Radio and the print media in her capacity as a Family Life Educator.

In addition to Dr Tan's medical qualifications, she also holds a Master of Social Science in Professional Counselling, and a Graduate Certificate in Parent Education Leadership Training, both from Swinburne University, Australia.

Dr Tan is passionate about building strong and resilient families. As a mother of two teenage children, she can relate to many issues that concern parents.